

Want to Look Younger?

Start With Your Home!

by: Amy Preiser

The bad news: Your decor is aging you. The good news: Redecorating is less painful than botox. Find out which paint color is making your look old and what a grapefruit candle can do to reverse the process.



What's Aging You: Awkward Furniture

"The first thing that's making you look older? Furniture you can't sit in. Your posture shows your age," says designer Christopher Coleman.

Look younger by...
bringing in a high
back chair.

It'll force you to sit up straight and look all lithe and youthful.